

PhEF 19/06/2025

Thursday 19 June 2025

PhEF (Blok 8 - Bloc 8) (10:00 - 12:00)

| time | [id] title | presenter |
|-------|------------------------------------|-----------|
| 10:00 | [2] Briefing | |
| 10:05 | [3] Opwarming - Echauffement | |
| 10:10 | [4] Side-bridge / Biering-Sörensen | |
| 10:30 | [5] 2400m Opwarming - Echauffement | |
| 10:45 | [6] 2400m Start | |